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**News Release**

Saskatchewan Environmental Society  
Monday, September 29, 2014  
For immediate release

**Saskatoon cooks up a sustainable recipe for success**

Chefs from the Saskatoon area, including the Saskatoon Club's Chef Anthony McCarthy, prepared dishes made primarily from local Saskatchewan ingredients for the Saskatchewan Environmental Society's ninth annual Sustainable Gourmet fundraising dinner, on Saturday, September 27.

Chefs were encouraged to be as creative as possible, using everything from meat from a local farm to vegetables from the Saskatoon Farmers' Market.

"Eating locally supports our local economy," said Sustainable Gourmet organizer, Judy Montgomery. "When money is spent in the province, it stays within the province. This enhances the overall quality of life for people in Saskatchewan. "

Over one hundred and thirty guests attended the event at the Saskatoon Club downtown.

"The goal of Sustainable Gourmet is to showcase a diversity of provincial food choices that taste great," said Montgomery. "Eating local is the benchmark that paves the way to a more connected and environmentally conscious community."

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