



- If our school turned out lights that aren't needed, we could save **6920 kgCO₂/year**





- Schools that have upgraded T12 to T8 lighting (changing less efficient lights for more efficient lights), save **4840 kgCO₂/year**





- If I turn off my computer and monitor when not in use, I could save **100 kgCO₂/year**





- If my family turns off our printer when not in use, we can save **100 kgCO₂/year**





- If I have an Xbox® free day each week, I can save **20 kgCO₂/year**



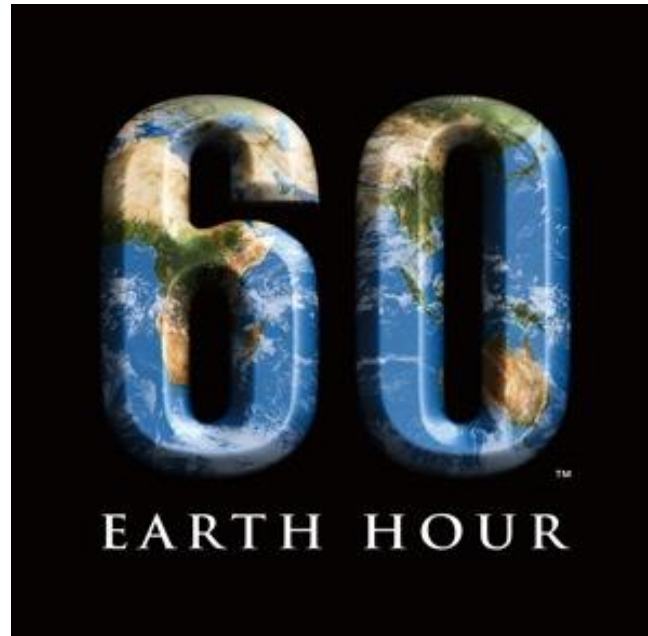


25 Acts
of Energy Conservation

waste
energy
water
EARTH Hour
To Day

- Go to: www.earthhour.org for some great ideas to make turning out your lights the thing to do on:

Saturday,
March 25th



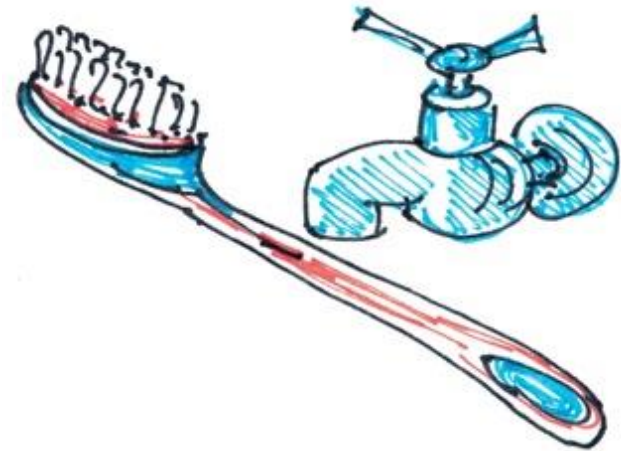


- By hanging clothes to dry, we can save **690 kgCO₂/year** compared to using an electric dryer





- If all my classmates turn off the tap while brushing our teeth, we can save **240 kgCO₂/year**
- And **413,000 litres** of water/year!





- If you install a low flow showerhead at home, you could save **20 kgCO₂/year**





- If I fixed a dripping tap, I would save **3 kgCO₂/year**
- And **5000 litres** of water/year!





- If we fixed a leaking toilet, we could save **40 kgCO₂/year** and save **73,000** litres of water/year





- If **3** students in our class use refillable water bottles, we would save **50 kgCO₂/year**
- And save **590 bottles/year**





- Think about all the times you use bottled water – for sports, road trips, school lunches...
- Instead, **place a jug in your fridge** for filling your own bottle, and save money and the environment





- If our family started using a rain barrel, we would save **60 kgCO₂/year**
- And save **1100 litres of water/year**, compared to using tap water





- The things we throw away go to the landfill or garbage dump
- The more we can **Reduce, Reuse and Recycle,** the better for our environment



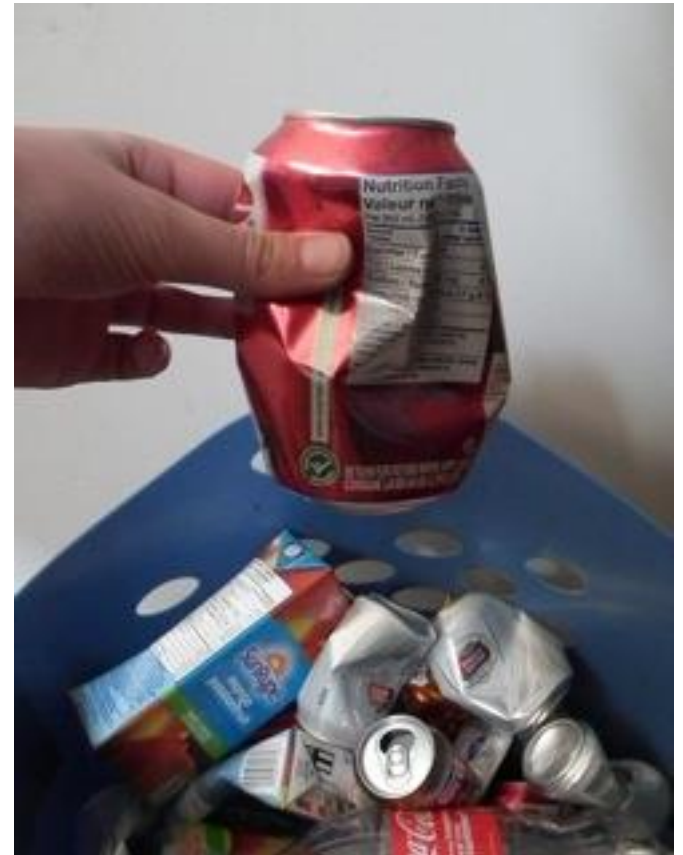


- If our school recycled 1500 plastic bottles, we would save **90 kgCO₂**
- And we could earn **\$90**





- If our school recycled 3300 pop cans, we would save **800 kgCO₂**
- And we would earn **\$165**





- If our school composted lunchroom waste, we would save **230 kgCO₂/year**, and save **1 tonne of garbage/year**, reducing landfill emissions





- More than **140,000 tonnes** of computer equipment, phones, televisions, stereos, and small home appliances accumulate in Canadian landfills each year
- Instead, let's take them to **SARCAN**





- This weekend, look around your house for things that can be **reused** or **donated** instead of thrown away





Five things you could do to make a difference

1. Drive less
2. Eat local food
3. Buy items that last

Be energy efficient:

4. At home
5. At school





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- If my family cut our phantom load in half, we would save **180 kgCO₂/year**





- If 20 parents quit idling at our school, we would save **1400 kgCO₂/year** and save **600 litres of gas/year**
- Compared to each vehicle idling 10 minutes/day





- By biking or walking to school, each of us saves **110 kgCO₂/year** and **45 litres of gas/year**, compared to driving to school





- If my family turns the heat down at night, we save **370 kgCO₂/year**

